



Tompkins County  
Bullying Prevention Task Force

**Favorite Books & Films on Resilience and Empathy for Children**

Sameer Hinduja, co-director, Cyberbullying Research Center

**Books—Resilience**

The Tiny Seed, by Eric Carle  
Click, Clack, Moo: Cows that Type, by Doreen Cronin  
After the Fall (How Humpty Dumpty Got Back Up Again), by Dan Santat  
The Curious Garden, by Peter Brown  
A Perfectly Messed-Up Story, by Patrick McDonnell  
Whistle for Willie, by Ezra Jack Keats  
Of Human Bondage, by W. Somerset Maugham  
The Hunger Games, by Suzanne Collins  
Sorta Like a Rock Star, by Matthew Quick  
Out of My Mind, by Sharon M. Draper  
Allie's Basketball Dream, by Barbara E. Barber  
The Count of Monte Cristo, by Alexandre Dumas  
Hatchet, by Gary Paulsen  
A Long Walk to Water, by Linda Sue Park  
Fast Talk on a Slow Track, by Rita Williams-Garcia  
The Rules of Survival, by Nancy Werlin  
Whirligig, by Paul Fleischman  
Unbroken: A World War II Story of Survival, Resilience, and Redemption, by Laura Hillenbrand

**Films—Resilience**

Finding Nemo  
Babe  
Homeward Bound: The Incredible Journey  
March of the Penguins  
The Red Balloon  
Alexander and the Terrible, Horrible, No Good, Very Bad Day  
Diary of a Wimpy Kid: Rodrick Rules  
Facing the Giants  
Iron Will  
Queen of Katwe  
Paper Planes  
The Greatest Showman  
Finding Forrester  
The Blind Side  
A Brave Heart  
Slumdog Millionaire  
The Shawshank Redemption  
Creed: Thanksgiving

**Books—Empathy**

First Grade Dropout, by Audrey Vernick  
Ivan: The Remarkable True Story of the Shopping Mall Gorilla, by Katherine Applegate  
Otis and the Scarecrow, by Loren Long  
Good News, Bad News, by Jeff Mack  
Dad and the Dinosaur, by Gennifer Choldenko  
El Deafo, by Cece Bell  
Hudson and the Puppy: Lost in Paris, by Jackie Clark Mancuso  
The Invisible Boy, by Trudy Ludwig  
Charlotte's Web, by E.B. White  
Ramona the Pest, by Beverly Cleary  
Mockingbird, by Kathryn Erskine  
Wonder, by R. J. Palacio  
The Boy on the Wooden Box: How the Impossible Became Possible...on Schindler's List, by Leon Leyson  
Symptoms of Being Human, by Jeff Garvin  
Something in Between, by Melissa de la Cruz

**TV & Films—Empathy**

Daniel Tiger's Neighborhood  
Maya the Bee  
Curious George  
Wishenpoof!  
True and the Rainbow Kingdom  
Kid President: Declaration of Awesome  
Andi Mack  
black-ish  
How to Dance in Ohio  
I Am Jazz  
Degrassi: Next Class  
If You Really Knew Me  
Edge of Eighteen  
Humans of New York  
The Fosters  
Freaks and Geeks  
My So-Called Life  
True Life