

**PACER's National Bullying Prevention Center**  
*Resources*

**Frequently Asked Questions:** (from our "[Questions Answered](#)")

- [What is bullying? How is bullying defined?](#)
- [What is the difference between bullying and harassment?](#)
- [How do I communicate effectively with the school?](#)
- [Why is prevention important?](#)
- [Why is it important for students to advocate for themselves?](#)
- [How do I start a conversation about cyberbullying with my child?](#)

**Bullying 101 for Adults:**

- Bullying Prevention 101, A Quick Guide for [Parents](#)
- [What Parents Should Know About Bullying](#)
- [Student Action Plan](#) and [Parent and Educator Guide to the Student Action Plan](#)
- [Common Views and Myths about Bullying](#)
- [Cyberbullying](#)
- [Cyberbullying \(booklet\)](#) updated 2020
- [COVID-19 Infographic for Parents](#)

**For elementary school students:** [www.pacerkidsagainstbullying.org](http://www.pacerkidsagainstbullying.org)

- Bullying Prevention 101, A Quick Guide for [Elementary Students](#)
- [Student Action Plan](#)
- [How-to-Tell-an-Adult](#)
- [COVID-19 Infographic for Elementary Students](#)

**For middle and high school students:** [www.pacerteensagainstbullying.org](http://www.pacerteensagainstbullying.org)

- Bullying Prevention 101, A Quick Guide for [Middle and High School Students](#)
- [Student Action Plan](#)
- [COVID-19 Infographic for MS and HS Students](#)

**Supporting children with disabilities:**

- [Students with Disabilities and Bullying: Top 5 things to know](#)
- [The IEP and Bullying](#)
- [Telling Classmates About Your Child's Disability May Foster Acceptance](#)
- [Using positive strategies to protect your child with disabilities from bullying](#)
- [Notifying the School about Bullying](#) (template letters for students with an IEP, 504 Plan, or neither)
- [Student Action Plan](#) (English) [Plan de Accion de Bullying](#)
- [Parent and Educator Guide to the Student Action Plan](#)
- What are my child's rights?
  - [Students with Disabilities](#)
  - [Laws and Policy - What Parents Should Know About Bullying](#)
- What Are Public Schools Required to Do When Students with Disabilities Are Bullied? (U.S. DEPT. OF ED.)
  - English: [Parent Fact Sheet \(ed.gov\)](#)
  - Spanish: [Parent Fact Sheet \(ed.gov\)](#)